

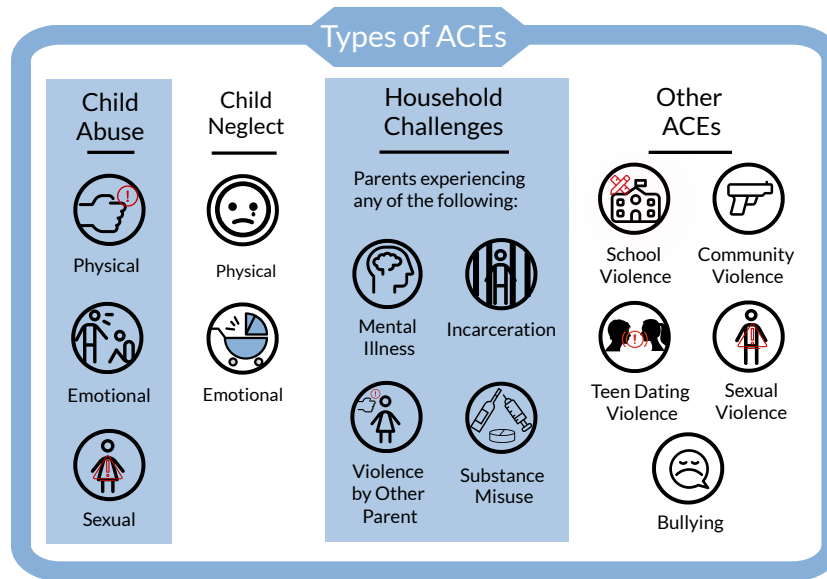
# Adverse Childhood Experiences (ACEs) Among Connecticut High School Youth

## What are ACEs?

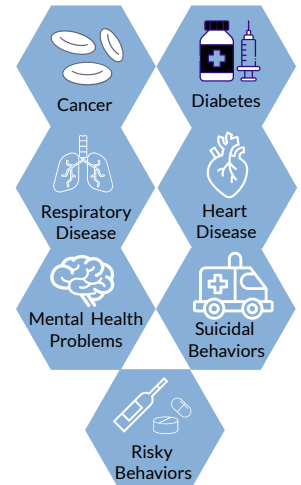
Adverse Childhood Experiences (ACEs) are potentially traumatic events that occur in childhood and may increase the risk of physical and mental health problems later in life.

ACEs include child abuse (physical, sexual, and emotional), child neglect, and household challenges, such as domestic violence, having a parent or caregiver with mental health or substance use problems, or being incarcerated.

In addition, conditions outside the family environment can adversely affect children's well-being, such as school and community violence, bullying, and teen dating violence.



ACEs may increase ones risk of experiencing the following outcomes later in life:

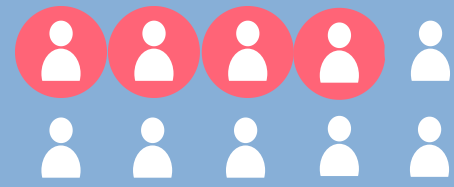


More than 60% of youth report at least one ACE, and 41% report two or more ACEs. This means that:

6 out of 10 CT youth report at least ONE ACE



4 out of 10 CT youth report MULTIPLE ACEs



## Percent of youth reporting each ACE type:

