

Hartford Data Snapshot



Youth Mental Health Resources

Yandell Alvarez & Isaiah Perez
May 15, 2023

Mobile crisis services are essential for people experiencing mental health crises. The CT Department of Children and Families, the United Way of Connecticut, and the Child Health & Development Institute (CHDI) provide Mobile Crisis Intervention Services for children and youth through 2-1-1. Data from CHDI monthly reports are crucial and allow us to shine a light on mental health issues and work on improving them. This Data Snapshot captures data about the mental health needs of Hartford youth captured by 2-1-1 emergency mental health services.

Children and youth can call 2-1-1 themselves, or their school, community organization, emergency department, court, or the police can refer them. Most children & youth are referred to emergency mental health services by schools. Hartford schools have the second-highest percentage (50.3%) of school referrals compared with similar cities

Percentage of Children & Youth Who Were Referred to Services by their School, By City



Chart: CTData Collaborative • Source: Mobile Crisis Services, Performance Improvement Center FY2023 Q2 Report • Created with Datawrapper

Source: Mobile Crisis Intervention Services Performance Improvement Center Quarterly Report, FY2023,Q2

Out of all of the kids who underwent mental health counseling in Hartford, 49.1% of them were reported to have suffered from trauma exposure. This is by no means a small amount. It's unfortunate seeing how common it is for children of youth to experience something traumatic. These traumatic experiences include: witnessing violence; sexual victimization; victim of violence; and disrupted attachment/multiple placements.

Trauma Exposure Among Children and Youth Receiving Mobile Crisis Intervention Services, by Service Area

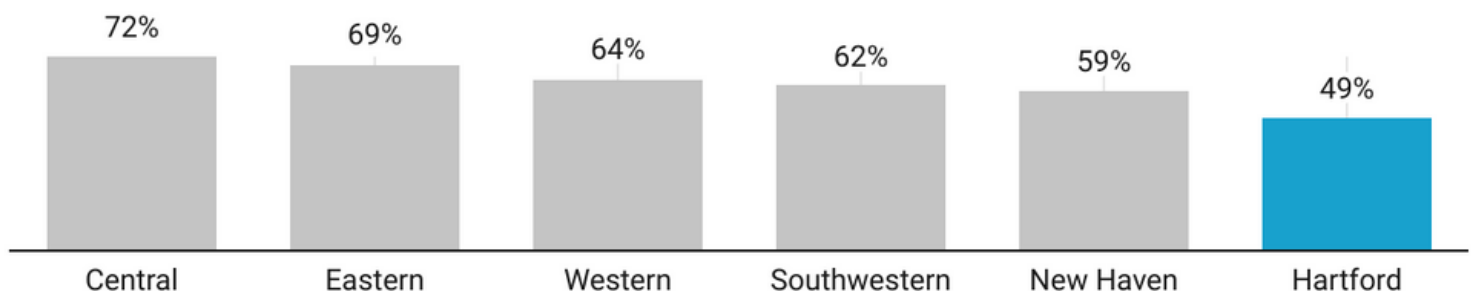


Chart: CTData Collaborative • Source: Mobile Crisis • Created with Datawrapper

Source: Mobile Crisis Intervention Services Performance Improvement Center Quarterly Report, FY2023 Q2

Hartford Data Snapshots

Youth Mental Health Resources



Yandell Alvarez, and Isaiah Perez
May, 2023

From July 1, 2021, through February 2, 2023, most Hartford youth engaged longer in mental health counseling when meeting with a counselor face-to-face compared to receiving counseling via phone calls or having a mixture of the two.

Length of Time Receiving Mental Health Counseling Services

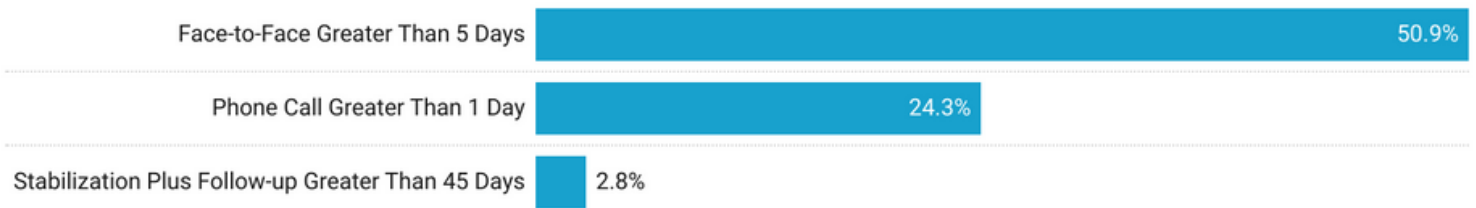


Chart: CTData Collaborative • Source: Mobile Crisis • Created with Datawrapper

Source: Mobile Crisis Intervention Services Performance Improvement Center Quarterly Report, FY2023 Q2

After Hartford children and youth are discharged from mental health counseling, they receive referrals to other mental health-based programs. Counselors refer children and youth to services, including extended day programs, care coordination, and inpatient hospitals.

Referrals Made After Discharge

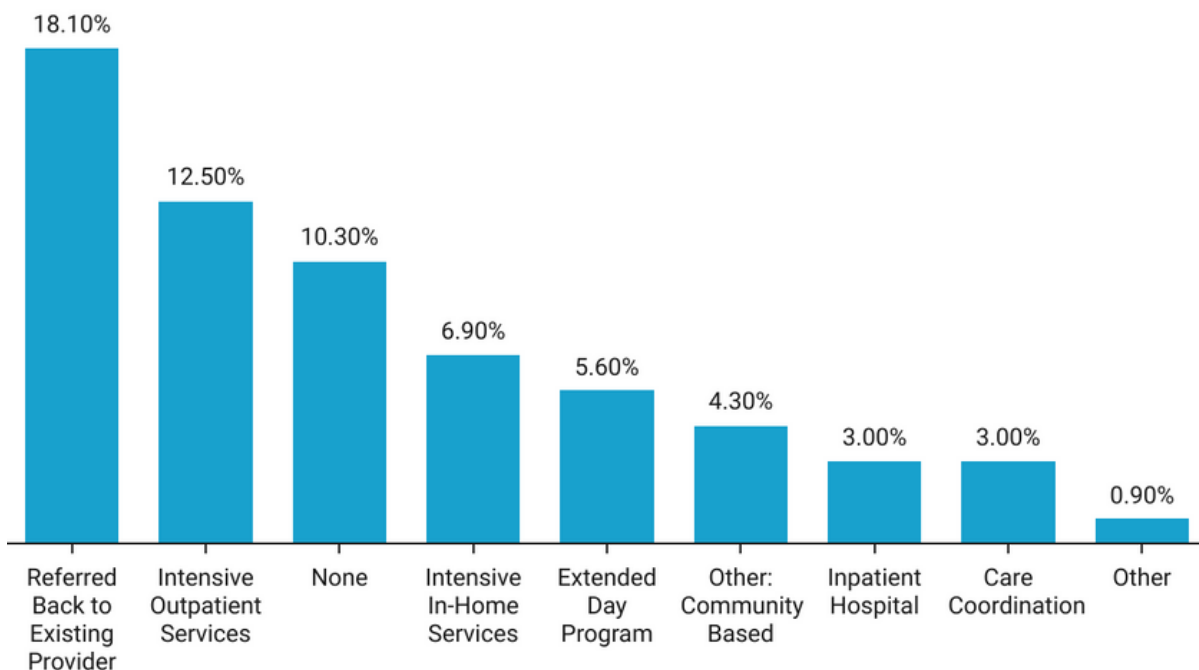


Chart: CTData Collaborative • Source: CT Department of Children & Families • Created with Datawrapper

Source: [CT Department of Children and Families](#)